

# SUMMER TRAINING CAMP DESCRIPTIONS

## Private Camps

- ★ Six hours of instruction per day.
- ★ Incredible ratios starting at 1:7
- ★ Choose from a 1 Day, 2 Day or 3 Day private camp format
- ★ Select your own dates
- ★ Decide what your team needs to focus on
- ★ Get at least two instructors at all camps!
- ★ We handle all staff travel and arrangements, no hidden costs!
- ★ Cheers, Sidelines, Dances, Pyramids and more, what would you like to work on., Let us know!

FOR ALL JUNE PRIVATE CAMPS		
	15-28 Participants	14 or less Participants
1 Day Camp	\$65 per person	\$910
2 Day Camp	\$95 per person	\$1,330
3 Day Camp	\$120 per person	\$1,680

FOR ALL JULY AND AUGUST PRIVATE CAMPS		
	15-28 Participants	14 or less Participants
1 Day Camp	\$70 per person	\$980
2 Day Camp	\$100 per person	\$1,400
3 Day Camp	\$125 per person	\$1,750

## Individuals Camp

Individuals interested in improving your personal skills sign up for a Power Camp. Come by yourself or with a friend!

INDIVIDUALS CAMP \$220 PER PARTICIPANT		
June 22-24	UNC-Chapel Hill	Chapel Hill, NC
July 30-Aug. 1	Towson State University	Towson, MD
Aug. 3-5	Christopher Newport University	Newport News, VA

## Private Choreography Camps

Why not get ahead of the game? It takes awhile to perfect the type of routine that both you and your athletes feel comfortable performing. Why not start early by getting a jump on the competition.

CHOREOGRAPHY CAMPS			
		Per Person	15 or less Participants
Sessions 1	Until June 20	\$185	\$2,775
Sessions 2	June 21- July 8	\$190	\$2,850
Sessions 3	July 9-Sept. 1	\$195	\$2,925

Call **1.800.286.4219** For more information  
or go to **www.spiritxpress.com**

# Residential Camps

We guarantee you will get more out of a three day camp than any other four-day camp on the market! Stunts, tumbling, pyramids and basket tosses. Cheers, chants dances and jumps. ONLY Spirit Xpress allows you to choose what you want to work on at this incredible overnight camp. Super camp format does not include material.

POWER CAMPS \$220 PER PARTICIPANT/ONE COACH PER 15 FREE		
June 22-24	UNC-Chapel Hill	Chapel Hill, NC
July 13-15	UNC-Chapel Hill	Chapel Hill, NC
July 30- Aug.1	Towson State University	Towson, MD
Aug. 3-5	Christopher Newport University	Newport News, VA
Aug. 6-8	UNC-Chapel Hill	Chapel Hill, NC
Aug. 9-11	UNC-Chapel Hill	Chapel Hill, NC
Choose Super or Power Camp Format		

# Commuter Camps

We are now bringing the same exciting format of our Power Camp to a Commuter Setting. No overnight stays necessary, and the same exciting material and attention to detail.

COMMUTER CAMPS \$130 PER PARTICIPANT/POWER CAMP FORMAT		
June 22-24	UNC-Chapel Hill	Chapel Hill, NC
July 13-15	UNC-Chapel Hill	Chapel Hill, NC
July 30- Aug.1	Towson State University	Towson, MD
Aug. 3-5	Christopher Newport University	Newport News, VA
Aug. 6-8	UNC-Chapel Hill	Chapel Hill, NC
Aug. 9-11	UNC-Chapel Hill	Chapel Hill, NC
Aug. 17-19	Giffit High School	St. Johns, Virgin Islands

# Residential Choreography Camps – NEW for 2007!

- ★ There is a 15 person minimum per team for camp
- ★ Routines choreographed to customized music approved by the coach prior to camp
- ★ Limited space available call 800.286.4219 to reserve your space.

RESIDENTIAL CHOREOGRAPHY CAMP \$300 PER PARTICIPANT/ONE COACH FREE		
Aug. 8-10	UNC-Chapel Hill	Chapel Hill, NC

# College Camp

It makes sense that Spirit Xpress would finally start their college camps! Who else can bring together talent from the major colleges in the southeast and have there directors be former coaches from North Carolina, James Madison, Wilmington, Wake Forest and more, with over 50 years of combined experience. A camp that focuses strictly on what college teams need to be prepared and excited about the upcoming season!

COLLEGE CAMP \$100 PER PERSON COMMUTER COST		
Aug. 11-12	UNC-Chapel Hill	Chapel Hill, NC

**REGISTRATION PROCEDURE**

1. Select your camp; then fax (if paying by credit card or confirmed school purchase order) or mail the registration form to Spirit Xpress. Include a \$50 deposit per participant to reserve your camp space. Send ONE check, money order or cashier's check per group for deposit. Without a deposit we cannot guarantee a reservation.
2. A confirmation will be emailed to you upon receiving your registration. Your Spirit Xpress Camp Information packet will then be mailed to you (includes invoice, waivers, etc.).
3. Camp tuition balance is due 3 weeks prior to the start of your camp. Send ONE check, money order or cashier's check per group for remaining balance.
4. Participants attending the Individuals Camp must be going into the sixth grade.
5. Private Camp registrations should include two choices for dates.

**Lagon to:**  
**www.spiritxpress.com**  
**to Download Registration Forms**

**Phone: 1.800.286.4219**  
**Fax: 919.484.1785**  
**Mail: Spirit Xpress Camps**  
**4907 South Alston Ave.**  
**Durham, NC 27713**

<b>CAMP TYPE</b>	<b>CAMP CODE</b>	<b>CAMP DATES</b>	<b>CAMP PRICE per participant</b>
		Please list 2 dates for private camps	

<b>School Name / Team Name</b>	<b>Coaches Name</b>
<b>Address</b>	<b>Coaches Home Address</b>
<b>City, State, Zip</b>	<b>City, State, Zip</b>
<b>School / Gym Phone #</b>	<b>School Fax #</b>
	<b>Daytime Phone #</b>
<b>Web Address</b>	<b>Cell Phone #</b>
<b>Best time to call</b>	<b>Coaches Email Address</b>
	<b>Evening Phone #</b>

<b>Individual Name</b>	<b>Age</b>	<b>Check the type of squad and/or individual attending</b>
<b>Address</b>		<input type="checkbox"/> Varsity
<b>City, State, Zip</b>		<input type="checkbox"/> JV
<b>Daytime Phone #</b>	<b>Evening Phone #</b>	<input type="checkbox"/> Freshman
<b>Email Address</b>	<b>Cell Phone #</b>	<input type="checkbox"/> Middle School
		<input type="checkbox"/> All Star
		<input type="checkbox"/> Coed
		<input type="checkbox"/> Female Individual
		<input type="checkbox"/> Male Individual
		<input type="checkbox"/> Commuter

<b>CAMP ATTENDEES</b>		<b>Total # of Coaches/Advisors</b>	<b>*Total # of Paying Coaches/Advisors</b>	<b>Minimum Deposit</b>	<b>Balance Remaining</b>
<b>Participants</b>					
Female		Female	Female		
Male		Male	Male		
	<b>x \$50 =</b>		<b>x \$50 =</b>	<b>TOTAL A + B</b>	<b>\$</b>
	<b>\$</b>		<b>\$</b>		
	<b>TOTAL A</b>		<b>TOTAL B</b>		

\*One residential coach free for every 15 paying participants. Private camp coaches are free.

<b>IF PAYING BY CREDIT CARD</b>		<b>CARD HOLDER'S INFORMATION</b>	
<b>Cardholder Name</b>		<b>Cardholder's Address</b>	
<b>Card Type</b>		<b>City, State, Zip</b>	
<b>Card Number</b>	<b>Exp. Date</b>	<b>Home Phone #</b>	<b>Daytime Phone #</b>
<b>Amount Charged</b>		<b>Email Address</b>	